



NEWS RELEASE

FOR IMMEDIATE RELEASE

To: Local Media and Press Release Subscribers
From: Katrina Harwood, Health Officer
Date: November 4, 2024

Rock County Public Health Partners with Janesville Lions Club and Hy-Vee to Offer Free A1C Screenings on World Diabetes Day: November 14

JANESVILLE, WI – In recognition of [World Diabetes Day](#), Rock County Public Health (RCPH), the [Janesville Lions Club](#), and [Hy-Vee Janesville](#) are joining forces to provide free [A1C screenings](#) to the community on November 14, 2024. This collaborative effort originated between Hy-Vee and the Madison Lions Club in 2022 and saw great success for the community. This year, efforts are expanding in Wisconsin, aiming to promote early detection and management of diabetes, a chronic condition affecting over 13,000 residents in Rock County.

“The Janesville Lions Club is committed to fighting the diabetes epidemic by raising awareness and educating communities and individuals about their risk,” said Eric Kuznacic, Lions Club Diabetes Awareness Committee Chairman.

A hemoglobin A1C test is a simple blood screening that measures average blood sugar levels over the past two to three months. Individuals living with pre-diabetes, diabetes, and other health conditions use this information to help monitor and manage their blood sugar levels. **While screening with the Hy-Vee registered dietitians, participants will have the opportunity to review results and discuss potential next steps in the same appointment.**

“Early screening can provide valuable insights into your risk, allowing for proactive lifestyle changes and preventative measures to help reduce progression,” said Registered Hy-Vee Dietitian Emily Joppe, RD, CD, LD.

Event details:

- **Date:** Thursday, November 14, 2024 (World Diabetes Day)
- **Time:** 2 - 6 p.m.
- **Location:** [Hy-Vee Janesville, 2500 Humes Road](#)
- **Cost:** Free

This screening event allows for walk-in appointments only and will be first-come, first-served. Supplies are limited. Participants must be 18 years old or older. Fasting, or abstaining from food or drink, is not required for this A1C test. During the event, Lions Club members can talk to you about their health initiatives and teach you about diabetes-friendly foods to try at Hy-Vee.



Helping Rock County Reach Its Full Health Potential

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Additional A1C screening dates are offered in Madison on November 12, 13, and 15. For more information about this event and Madison events, please contact:

Emily Joppe, RD, CD, LD
Hy-Vee Registered Dietitian
(608) 371-6780

RCPH encourages all Rock County residents to test their A1C. If you are not able to attend this event, take the [Diabetes Risk Test online](#), visit our [Diabetes Prevention website](#), and speak with your physician about your risk.

In Partnership With:



JANESVILLE LIONS CLUB

Serving our community since 1922

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Rock County Public Health serves Rock County residents by improving population health outcomes and removing barriers through community partnerships to provide everyone the opportunity to reach their full health potential. Visit the Rock County Public Health [website](#) and follow them on [Facebook](#) and [Instagram](#).

*Please send all media inquiries to:
Rock County Public Health
(608) 757-5440
media.publichealth@co.rock.wi.us*



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