

Rock Haven Happenings

Rock Haven | 3400 County Trunk F, Janesville WI | (608) 757-5000

July 2024

A Note from Natalie

July Dates

July 1

International
Joke Day

July 4

Independence
Day

July 7

National Day of
Rock 'n' Roll

July 20

Space
Exploration Day

July 26

Summer
Olympics Begin

July 28

Parent's Day

July 30

International
Day of
Friendship

I hope this letter finds you in good health and high spirits. As we enter the month of July, we wanted to express our gratitude and share the exciting happening at Rock Haven!

We will have Health Dimensions Group (HDG) on campus reviewing our operations from July 9-11th conducting clinical, operational, and financial assessments of Rock Haven. The outcome will include a detailed assessment to our county board supervisors on how best we can strategize operations for our county's citizens. Additionally, we are within our annual re-certification window for Wisconsin Department of Health Services, Division of Quality Assurance (DQA).

Health and Wellness: Please remember that routine dental, podiatry, vision, and hearing tests can be coordinated through your unit clinical team (some residents may elect to complete these services within the community).

Rock Haven has collaborated hospice service agreements with Agrace, Heartland Hospice, St Croix, and Mercy Health. We are accepting new admissions to these agencies when seeking hospice services.

Resident Feedback Sessions: Your opinion matters! Rock Haven strives to enhance customer service while creating a homelike living environment. To gather your valuable feedback, we have "**Let's Chat with Nat every first Saturday of the month at 10 AM in the social room.**" We gather and discuss happenings and follow up with previous feedback. Please join us this Saturday, July 6th, 2024. Please if you have time, it would be nice to see you and break bread together as we celebrate Independence Day throughout the week.

Safety: We ask that all employees always wear identification badges to ensure the safety of our security.



Facility Assessment: We are working to improve our overall operations. We are updating our Facility Assessment. We need residents and families input on our staffing levels AM/PM/night. How are we doing? Do residents feel their needs are being met on all shifts? We must solicit and consider input received from residents, resident representative, and family members.

Lastly, be good to yourselves; you deserve it.

Natalie J. Rolling-Edlebeck,
Doctor of Healthcare Administration, DHA
Licensed Nursing Home Administrator, LNHA
Natalie.RollingEdlebeck@co.rock.wi.us
608-757-5114

News from Nursing

Happy Independence Day to all of our residents and staff!

It's nice to see all the red, white, and blue on the units as they are beautifully decorated. I hope you have a fun filled yet relaxing summer and stay cool!

*Chelsea Phillips, RN
Infection Preventionist*

Infection Control Corner

Recently approved by the FDA in June 2024, Merck has announced its new Pneumococcal-21 vaccine for those age 18 and above.

It is reported that Capvaxive will cover an additional 8 serotypes of Pneumonia not included in the recent Prevnar 20 vaccine. ACIP (Advisory Committee on Immunization Practices) plan to meet to discuss the recommendations and production of the new vaccine. Capvaxive would be given in addition to the previous Pneumonia vaccines given: PCV 13, PPSV23 and PCV 20.

Stay tuned for more information!

*Chelsea Phillips, RN
Infection Preventionist*

Some Words from Social Services

NATIONAL PARENTS' DAY

National Parents' Day honors all parents on the fourth Sunday in July. No matter where our parents may be, this day serves to celebrate their important role in our lives. In May we celebrated mothers, and in June we celebrated fathers. It follows that in July we can bring all our parents together and show them some appreciation all at once.

Parents play a vital role in the lives of children. From our birth, parents protect, teach, provide, and serve as role models. Throughout our lives, our parents lead us to be independent thinking individuals. As many of us know, those efforts can be challenging. The world is changing as quickly as they grow. Often the sleepless nights and worry seem endless. On Sunday, July 28, we honor all parents who do everything to raise and protect their children.

Spend some time with your parents or visit someone who was like a parent to you. For those with small children, give yourself a pat on the back. Set the laundry aside and go to the park. Find a moment alone with each of your children and show them how glad you are to be their parent. Post on social media using #NationalParentsDay and encourage others to celebrate the day.

www.nationaldavcalendar.com

Gail - 608-757-5325

Teena - 608-757-5104

Greetings from Finance



My name is Graig Kittelson. I am excited to be joining the Rock Haven team as the Business Services Manager. I come to Rock Haven from Mercy Health Systems. I am currently a resident of Janesville. I was born and raised in Stoughton, Wisconsin. I am married to my wife Katy. I have two children, Kameron (9) and Quinn (6). We also have a 1-year-old dog named Sammy.

I look forward to meeting and working with you all.

*Graig Kittelson
Business Services Manager*

News from Activities

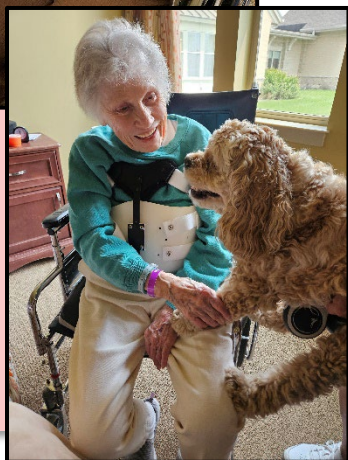


Father's Day at Rock Haven was hot and muggy, but that didn't stop the Activity Team! We are a hardy crew and tolerated the heat, humidity, ducks, and bees. You heard that right, ducks and bees. There were bags, ring toss, swinging, eating and reminiscing of Father's Day in the past. There was also strawberry snitching and lots and lots of fluids.

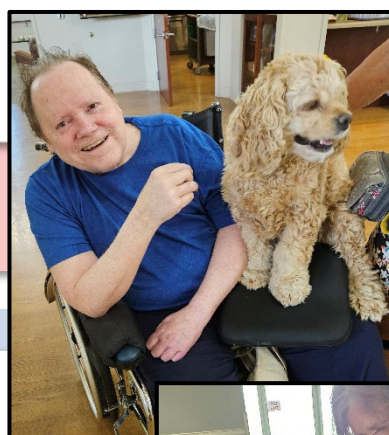
The Activity team would like to thank Dietary for teaming up with us with the picnic menu. Dads got a handmade card from Homestead Apartments, chips, and soda (if diet allowed) from the Activity canteen.



Please know that the courtyards are open for families to enjoy—including the swings, gazebo and games. Please note the Frost family swinging and the mammoth tomato plant in the background. A huge shout out to the Activity team for carrying the theme and “weathering” the situation.

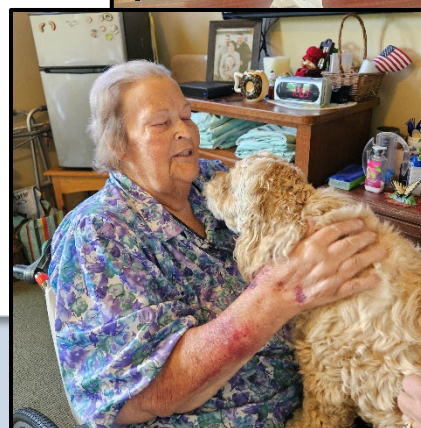


Through decades of caring for others, I have always relied on pets - mine or others, to bridge the gap. We have many pet visitors, and we love them all, however Roxie is Rock Haven's superstar. She started with our pilot program, "Love on a Leash," years ago and I loved bringing that to Rock Haven.



She is a trained, dependable, weekly visitor and her owners Connie and Bill are faithful in bringing her to us. She is quiet, calm, loving, and just the right size for a lap. She tolerates grumpy, sleepy, and whatever else and does it with a wag of her tail. We go through withdrawal when Bill and Connie go South for the winter.

So, let's soak it up while we can. We love you, Roxie. Thank you, Bill and Connie for sharing her with us!



Where words fail us, pets step in. 😊

*Vera Polglaze
Activities Director*

From ES / Materials



Wishing everyone a safe and happy 4th of July. Enjoy the time with family and friends.

Michelle Lynch
ES and Materials Manager

Food for Thought from the Kitchen

HAPPY 4TH OF JULY

Have a safe and happy holiday; spend some time outside and with family remembering what our country continuously is fighting for.

The summer cycle menu has been completed and posted. If there are any questions or preferences that one of your family members or residents would like added in the future, please let me know! We continue to diligently work on changes and procedures to become the best and most efficient at the services we provide.

Thank you from the Dietary Staff.

Amanda Beaver
Food Service Manager

Message from Maintenance

The Facilities Maintenance department would like to wish all staff, residents, and their families a safe & happy Independence Day!!

Enjoy the warm weather and Fireworks!!!



Dave Froeber
Facilities Management Superintendent

July Birthdays!

Resident Birthdays

Kay T.
July 7

Kathy K.
July 13

Vicki B.
July 14

Linda W.
July 23

Richard N.
July 25

Sandra K.
July 29

George T.
July 31

Employee Birthdays

Jaimee E.
July 1

Rose A.
July 1

Sherri G.
July 1

Amy S.
July 4

John S.
July 7

Lucy K.
July 8

Lily M.
July 8

Serenity M.
July 8

Yovana G.
July 9

Chris S.
July 11

Susan S.
July 13

Aleta S.
July 14

Jordan H.
July 14

Kristen S.
July 14

Lance M.
July 14

Barbara H.
July 16

Destony C.
July 16

Natalie R-E.
July 18

Akosua A.
July 21

Michelle P.
July 21

Leah T.
July 21

Terri S.
July 27

Gabby M.
July 29

Welcome to our New Residents!

Limestone West

Mary S.

Sandstone West

Frances F. Cindy K.
Glennis H. Shirley P.
Shirley B.



Sandstone East

Darlain M-A.
Lois G.

Welcome to the Team!

Amy S.
*Accounting
Specialist*

Graig K.
*Business Services
Manager*

Happy 4th of July

W	F	P	S	J	S	F	W	L	C	G	A	L	F	A
H	T	I	Y	T	R	E	B	I	L	K	L	H	A	P
I	J	O	R	E	A	L	P	Q	V	U	A	A	O	Y
T	P	L	E	E	U	R	Z	I	R	B	R	A	V	E
E	Y	D	E	E	W	L	S	E	R	D	E	U	W	L
U	O	L	S	R	G	O	M	Z	P	T	R	K	D	J
M	W	R	A	U	P	M	R	Y	N	R	S	U	B	A
Z	R	C	Y	X	U	D	S	K	L	T	B	U	Z	N
G	Z	M	H	S	O	E	S	K	S	U	E	A	Z	K
U	A	R	U	G	T	R	L	W	D	D	J	M	L	H
M	U	Y	B	S	E	B	G	A	S	Z	W	E	E	T
K	T	L	Y	Y	W	B	H	O	O	S	R	R	S	R
G	N	Y	E	K	Q	Y	J	O	D	U	Z	I	M	U
F	G	T	U	P	K	O	R	I	N	T	W	C	Q	O
I	N	D	E	P	E	N	D	E	N	C	E	A	C	F

USA

AMERICA
BLUE
BRAVE

FIREWORKS
FLAG
FOURTH

FREEDOM
INDEPENDENCE
JULY

LIBERTY
RED
STARS

STRIPES
SUMMER
WHITE

