

ROCK COUNTY COUNCIL ON AGING

FAMILY CAREGIVER SUPPORT PROGRAM

Are you a Family Caregiver?

- Are you helping a friend, spouse or older family member who can no longer manage?
- Do you arrange your schedule to fit your mother's doctors appointments?
- Do you awaken at night to help your spouse to the bathroom?
- Do you help with daily needs like bathing, dressing or preparing meals?
- Is your health affected due to added stress from caring for your spouse or parents?
- Are you a grandparent raising a grandchild under the age of 19?

If so, we can help!



For more information on services contact:
Rock County Council on Aging

608-757-5472

www.co.rock.wi.us/aging

Monday-Friday Hours:

8 am - 5 pm

Office Address:

3328 N US Highway 51
Janesville, WI 53545

Mailing Address:

51 South Main Street
Janesville, WI 53545

Family Caregiver Support Program



COUNCIL ON AGING
ROCK COUNTY

608-758-8455

www.co.rock.wi.us/aging

DID YOU KNOW...?

One out of every four households is involved in providing help to an older adult.

Family and friends provide 80% of all care received by older adults.



What services does this program offer?

The Family Caregiver Support program offers five basic services for family caregivers:

- Information to caregivers about available services
- Assistance to caregivers in gaining access to these supportive services
- Individual counseling, support groups and classes regarding caregiver issues for physical and emotional needs
- Grant funding to enable caregivers to get temporary relief from caregiving their responsibilities
- Grant funding for supplemental services, on a limited basis, to complement the care provided by caregivers

Additional services we offer

Other supportive services we offer to assist family caregivers include:

- Lending library with books and tapes regarding caregiving issues
- Caregiver information on the Council on Aging website: www.co.rock.wi.us/aging

Who is eligible for the Family Caregiver Support program?

- Residents of Rock County who provide care to an older adult 60+ years of age.
- Individuals with Alzheimer's disease and other forms of dementia regardless of age
- Care recipients must have significant cognitive or mental deficits OR need assistance with at least two activities of daily living, (i.e., eating, bathing, toileting, dressing, mobility, etc.)
- Grandparents or relative caregivers 55 years of age and older who are the primary caregivers of children under age 19 or who are caring for a relative with a severe disability who is 19 to 59 years of age. (The caregiver cannot be child's parent.)
- There is no income or asset test required to qualify for caregiver program.

What is the National Family Caregiver Support Program (NFCSP)?

In 2000, Older Americans Act amendments created a program to support and assist unpaid caregivers who provide help to older family members. The focus is support for caregivers (not those that receive care) in gaining access to respite and supportive services. The NFCSP program is administered through the Rock County Council on Aging.

How do I apply for these services?

To apply for this program, or for more information, contact the Family Caregiver Support Specialist at 758-8455.

Other resources for caregivers

Wisconsin Family Caregiver Support Program
www.wisconsin caregiver.org

Respite Care Association
www.respitecarewi.org

National Eldercare Locator
www.eldercare.gov

608-758-8455

www.co.rock.wi.us/aging

caregiving@co.rock.wi.us