

ROCK COUNTY COUNCIL ON AGING

Alzheimer's Family Caregiver Support Program (AFCSP)

Are you a Family Caregiver?

- Are you helping a friend, spouse or older family member who can no longer manage?
- Do you arrange your schedule to fit your mother's doctors' appointments?
- Do you awaken at night to help your spouse to the bathroom?
- Do you help with daily needs like bathing, dressing or preparing meals?
- Is your health affected due to added stress from caring for your spouse or parents?

If so, we can help!



Check out the workshop "Powerful Tools For Caregivers"

Powerful Tools for Caregivers is a once a week workshop for six-weeks that will teach you how to take care of yourself while caring for someone else. By taking care of your own physical, emotional, and financial needs, you become a better caregiver.



For more information on services contact:
Rock County Council on Aging

608-757-5472

www.co.rock.wi.us/aging

Monday-Friday Hours:

8 am - 5 pm

Office Address:

3328 N US Highway 51
Janesville, WI 53545

Mailing Address:

51 South Main Street
Janesville, WI 53545

3/2016

Alzheimer's Family Caregiver Support Program (AFCSP)



608-758-8455

www.co.rock.wi.us/aging

DID YOU KNOW...?

Alzheimer's disease attacks the memory and ability to think, reason, and judge. People with Alzheimer's disease gradually forget who they are, where they live, and how to function in daily life. Families struggle emotionally, physically and financially in order to provide adequate care. Over 116,000 people in Wisconsin have dementia. Approximately 70% of those with the disease are cared for in their own home.



Services offered by AFCSP

In Rock County, up to \$2000 per year is made available to each participant in the program. Participants may receive a variety of services offered through various providers of service throughout the county. No cash grants are given.

Examples of services available:

- Respite care or home care services (personal care assistance, meal prep, medication assistance and monitoring, homemaker services, yard work and snow removal, etc.)
- Emergency response system
- Transportation expenses
- Incontinence supplies
- Home safety modifications
- Medications for dementia
- Home-delivered meals
- Specialized clothing
- Activity or hobby supplies
- Other needed services to help

NOTE: Due to limited annual funding, a waiting list may exist for these services. Every effort will be made to provide you with funding as quickly as possible.

Who is eligible for the Alzheimer's Family Caregiver Support Program (AFCSP)?

A single person or couple may have an annual income of \$40,000 or less. If the income is above \$40,000, the cost related to Alzheimer's may be subtracted from the gross income. If these costs bring the income below \$40,000 the person would be eligible.

There is no asset limit for the program.

The person must also have a written confirmation by a physician of a diagnosis of Alzheimer's disease or any other irreversible dementia.



What is the Alzheimer's Family Caregiver Support Program (AFCSP)?

The AFCSP was created by the Wisconsin legislature in 1985 in response to the stress and needs of families caring for someone with Alzheimer's Disease or other irreversible dementia. The purpose of AFCSP is to make an array of community services available to these families in hopes of enhancing lives and keeping people in their homes as long as possible. The program is available in every county throughout the state.

How do I apply for these services?

To apply for this program, or for more information, contact the Family Caregiver Support Specialist at (608) 758-8455.

Other resources for caregivers

National Family Caregiver Support Program
www.co.rock.wi.us/aging

Wisconsin Family Caregiver Support Program
www.wisconsin caregiver.org

Respite Care Association
www.respitecarewi.org

National Eldercare Locator
www.eldercare.gov

608-758-8455

www.co.rock.wi.us/aging

caregiving@co.rock.wi.us