

**RESOLUTION
ROCK COUNTY BOARD OF SUPERVISORS**

SUPERVISOR LINDA GARRETT
INITIATED BY



JEFFREY S. KUGLITSCH
DRAFTED BY

COUNTY BOARD STAFF
COMMITTEE
SUBMITTED BY

APRIL 20, 2016
DATE DRAFTED

**PROCLAIMING MAY 2016 AS
MENTAL HEALTH AWARENESS MONTH IN ROCK COUNTY**

1 **WHEREAS**, during the month of May, many mental health organizations and other entities including the
2 National Alliance on Mental Illness (NAMI) are highlighting the importance of mental health; and
3

4 **WHEREAS**, mental health is part of overall health; and
5

6 **WHEREAS**, mental health helps to sustain an individual's thought processes, relationships, productivity
7 and ability to adapt to change or face adversity; and
8

9 **WHEREAS**, mental illness adversely affects those abilities and often is life-threatening in nature; and
10

11 **WHEREAS**, one in five adults in the United States experiences mental health problems in any given
12 year; and
13

14 **WHEREAS**, one in 25 adults lives in the United States with mental illness such as major depression,
15 bipolar disorder or schizophrenia; and
16

17 **WHEREAS**, approximately one-half of chronic mental illness begins by the age of 14 and three-quarters
18 begin by age 24; and
19

20 **WHEREAS**, long delays often occur between the time symptoms first appear and when individuals get
21 help; and
22

23 **WHEREAS**, early identification and treatment can make a profound difference in successful
24 management of mental illness and recovery; and
25

26 **WHEREAS**, it is important to maintain mental health and learn the symptoms of mental illness in order
27 to get help when it is needed; and
28

29 **WHEREAS**, every citizen in Rock County can make a difference in helping end the silence and stigma
30 that for too long has surrounded mental illness and discouraged people from getting help; and
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32 **WHEREAS**, Rock County is committed to supporting public education and activities for its residents
33 that can encourage mental health and help improve the lives of individuals and families affected by
34 mental illness; and
35

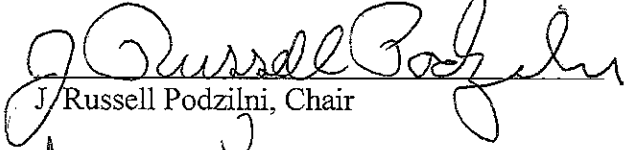
36 **NOW, THEREFORE, BE IT RESOLVED**, by the Rock County Board of Supervisors, in session this
37 28th day of April, 2016, that they proclaim May 2016 as Mental Health Awareness Month in Rock
38 County.
39

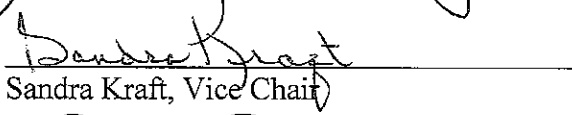
40 **BE IT FURTHER RESOLVED**, that the Board of Supervisors encourages increased public
41 understanding of the importance of mental health and promotes identification and treatment of mental
42 illnesses.

16-4C-013

Respectfully submitted:

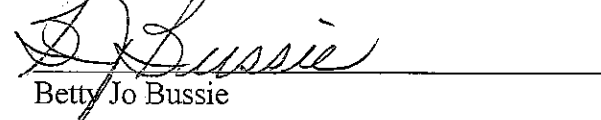
COUNTY BOARD STAFF COMMITTEE

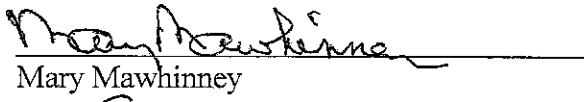

J. Russell Podzilni, Chair

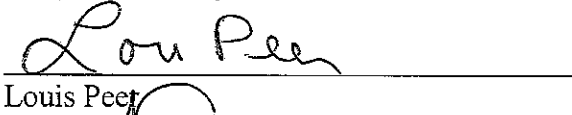

Sandra Kraft, Vice Chair


Eva Arnold

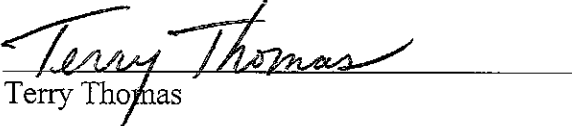
Absent
Henry Brill


Betty Jo Bussie


Mary Mawhinney


Louis Peet


Alan Sweeney


Terry Thomas