

## Rock County Parks Trails



### **Beckman Mill Park**

Includes an oak savannah hiking trail of 3/4 miles. A wetland boardwalk project will be installed in 2011.

### **Carver-Roehl Park**

The highlight of this park is the scenic hiking/skiing trail. The trail is 1.5 miles in length with portions that can be challenging.



### **Gibbs Lake**

The multi-use trail is roughly 4 miles in length.



### **Happy Hollow Park**

The trail is designated for hiking and horseback riding. It skirts the Rock River for a beautiful water view.

### **Lee Park**

The hiking nature trail runs through the wooded area and into the volunteer planted arboretum.

### **Magnolia Bluff Park**

Features two trails, a bridle trail and nature trail. Both trails have an individual distance of about 3 miles.

### **Ice Age Multi Use Trail**

The 4.2 mile rail trail runs between Janesville and Milton and is currently available for use by hikers, bikers, and horses.



### **Pelishek - Tiffany Nature Trail**

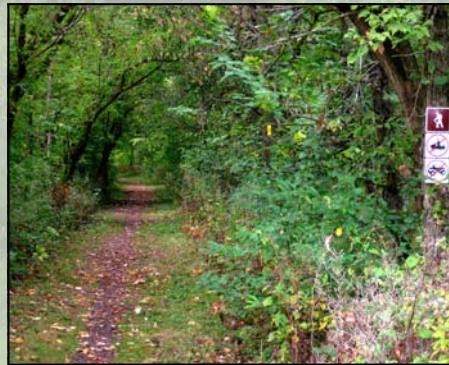
The 6 mile trail runs from Clinton to Allens Grove and is open to hikers, bikers, and horses. Rest stops and native plantings are found along the way.

## The Importance of Trails

Thousands of miles of trails that are as diverse as the land itself criss-cross America's recreational areas. Hiking trails range from steep technical climbs over rocks and iron ladders, to relatively flat lakeshore paths blanketed in pine needles.

Hiking is an easy, low cost way to discover the great outdoors, and there are opportunities for almost anyone at any age and ability level.

Many public recreational areas feature paved trails to accommodate wheelchair access. Guided hikes may also be



available at many locations. Fees and seasonal restrictions may vary from site to site.

For more detailed information about particular Rock County Parks trails, including detailed trail maps, visit the Rock County website.

**Leave only the sound of your footsteps,  
hoofprints or track of your skis, take only  
memories and photos.**

Rock County does not discriminate on the basis of disability in accommodations provided to persons using our parks.

For additional information or if special accommodations are required, please contact:

**Rock County Parks**  
3715 Newville Road  
Janesville, WI 53545  
Phone (608) 757-5451  
Fax (608) 757-5470  
[www.co.rock.wi.us](http://www.co.rock.wi.us)

# Walking, Hiking and Trail Safety

**Rock County Parks**  
*Creating Community through  
People, Parks, and Programs*



## Practice Good Trail Stewardship

Consideration and polite behavior are essential to ensure the enjoyment of all trail users and the protection of natural resources. You can help take good care of our trails so that others may enjoy these areas for years to come.

### **Don't Litter**

Take along a trash bag for collecting your trash so that you can deposit it in the proper trash receptacle.

### **Use Only Designated Trails**

Check with your destination ahead of time to ensure that the area you plan to hike is open. Respect trail closures and stay on the trails - areas that are declared "off-limits" protect wildlife, vegetation, or your safety. Do not use shortcuts.

### **Practice Low-Impact Trail Use**

Wet and muddy trails are more vulnerable to damage. When trails are soft, consider other options.

### **Take Only Memories and Photos**

Do not collect flowers, plants, or animals. Do not pull bark off of, cut or otherwise damage trees.

### **Wildlife Watching**

Observe wildlife from a distance and do not follow or approach animals. Do not feed wildlife.

### **Dogs Must be Leashed**

Pets must be kept on a 6 foot leash and under control. Be sure to pick up your pet's waste. Dogs are not allowed in picnic areas.

### **Respect Property Boundaries**

Do not cross onto private property and respect the privacy of people living along the trail.

### **Be Courteous**

Remember that you are sharing the trail with other recreationists. Treat all trail users with respect regardless of their sport, speed, or skill level.

## Hiking and Running Etiquette

### **Passing**

Warn people when you are about to pass. Stay to the right and pass on the left. Always look before changing positions.

### **Hike/Run Defensively**

Be prepared for the unexpected and know your surroundings. Don't let other users surprise you.

### **Be Careful in Parking Lots**

Pedestrians are supposed to have the right-of-way in parking lots but drivers may not wait.

## Multi-Use Trail Etiquette

### **Yield to Horses**

All users yield to horseback riders. When a horse approaches, stop and ask the rider for instructions. Speak in a calm, pleasant tone. A horse's vision is restricted, but its hearing is acute.

### **Know Your Horse**

Make sure your horse has the temperament and training for riding on congested trails.

### **Speed**

Travel at a safe controlled speed. Avoid cantering or galloping on busy trails.

### **Passing**

Announce your intention to pass. Come to a walk and pass on the left.



## Safety Tips

### **Plan Ahead**

Have a pre-planned route; carry maps and a compass. Inform someone of your plans.

### **Be Prepared for Weather**

Bring appropriate attire, including sunblock, a hat and gloves, and raingear. Know the symptoms of heat exhaustion, heat stroke, and hypothermia.

### **Wear Proper Clothing and Footwear**

Dress according to the terrain and season.

### **Water**

Bring plenty of water. Treat stream, river, or lake water before use.

### **Bring Safety Items**

Carry a first aid kit, insect repellent, flashlights, maps, and a cell phone or radio. Know how to use them and keep them in good repair.

*For your safety, all Rock County Park trails are closed from dusk to dawn.*



## Cross Country Skiing Etiquette

### **Use Designated Trails Only**

Do not ski on closed trails or foot trails. When stopped, step to the side.

### **Passing**

Yield the trail to skiers that overtake you from behind.